



Since 1981, our office has remained conveniently located at the intersection of Routes 626 and 608.

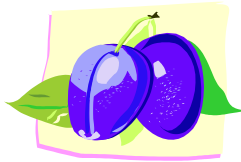


## From the Kitchen

### “Smith Mountain Dam-son Plum Ice Cream”

Custard:

- 3 Egg yolks
- 1/3 cup Granulated sugar
- 1 cup Light cream
- 1/2 cup Whipping cream
- 1-1/2 tsp Vanilla



Plum Mixture:

- 3 cups Sliced unpeeled red plums or damson plums
- 2 tbsp Granulated sugar
- 1/4 cup Water

1 Custard: In bowl, whisk egg yolks with sugar for 2 minutes or until pale and thickened; set aside. In heavy saucepan, heat light cream over medium-high heat just until bubbles form around edge; gradually whisk into yolk mixture.

2 Rinse saucepan clean. Return egg mixture to pan; cook over low heat, stirring constantly, for about 12 minutes or until thick enough to coat back of wooden spoon.

3 Immediately strain through fine sieve into large bowl. Stir in whipping cream and vanilla. Let cool to room temperature. Place waxed paper directly on surface; refrigerate for at least 2 hours or up to 24 hours.

4 Simmer plum mixture over low heat for 20 minutes or until tender. Purée, then chill; fold into custard.

5 If using electric ice-cream maker, or one that uses salt and ice, follow manufacturers instructions. If using manual ice-cream maker, fit chilled metal canister, then paddle, into container. Pour in custard. Replace lid and crank about 4 turns every 4 or 5 minutes for about 20 minutes or until thickened. Transfer to chilled airtight container; store in freezer. Transfer to refrigerator 30 minutes before serving.

6 If not using ice-cream maker, pour custard mixture into shallow metal pan; cover and freeze for about 3 hours or until almost firm. Break up mixture and transfer to food processor; purée until smooth. Pour into chilled airtight container; freeze for 1 hour or until firm. Transfer to refrigerator 30 minutes before serving.

### Where did Smith Mountain Lake get it's name?

The Smith Mountain and Smith River, later changed to Roanoke River, were both named for Daniel and Gideon Smith. Very little is known about these two brothers who traveled here from Pennsylvania. It could be that they were drawn here by the Virginia General Assembly's promise of huge tracts as well as 10 tax-free years to settlers. In 1740, several pieces of land were patented in their names, some along with Isaac and Joseph Cloud, in what is today Pittsylvania County, then known as Brunswick County. Daniel Smith came to court there in 1745 and moved that his name be added to the list of tithables (taxpayers). It's not completely clear the nature of the tax he was paying but it was perhaps a license fee for becoming a surveyor. In 1747, the Pittsylvania County Levy showed a bounty payment to Gideon Smith for a wolf's head. Both brothers were hunters and trappers in the area which was known for it's plentiful game. In 1755, Brother Gideon died and left Daniel to tend to his two minor daughters. It was reported later that Daniel Smith left the area and headed to Tennessee. It was there that he was killed.



Today the mountain and its' lake are visited by thousands every year. The undeveloped, uninhabited vastness which attracted Daniel and Gideon Smith is a far cry from the rural retreat which has emerged as a result of Smith Mountain Lake.

## Featured Properties...

Get more information at [www.lakeretreat.com](http://www.lakeretreat.com)



Just off Rt. 626, Bedford County, Needlewood Flat Lot, Contemporary w/Spectacular Views 3 bedroom, 2 bath, office/ 4<sup>th</sup> bedroom. 2 level living with walkout from basement. Large deck. Garage and outbuilding. Concrete driveway. Large green belt w/ no build zone next to this home, offering privacy. Large dock with

party deck and 2 jet ski lifts. No POA! State maintained road and county water system. All appliances convey, furniture negotiable. 1 mile from major golf course. Currently rents for \$1300. per week **\$399,900.**



Charming Lakefront Chalet  
Desirable Craddock Creek Location  
4 bedroom, 3 bath on very gentle lot. Vaulted wood ceilings and fireplace in great room. Main level laundry. Lower level family room and kitchenette. Whirlpool tub. Covered

deck overlooking the lake. 0.87 wooded acres with 84 feet of shoreline. Covered dock and floater. 3 bedroom septic and private well. Most furnishings convey. Currently rents for \$1600. Per week **\$385,000.**



# Lake Retreat Properties, Inc.

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## **Jeanette Childress Owner/ Broker**

6760 White House Road  
Huddleston, VA 24104

Phone: 540-297-6002 (800)421-6980

Fax: 540-297-2877

Email: [lakeretreat@hotmail.com](mailto:lakeretreat@hotmail.com)

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Sales and Rentals—Call for Brochure!



*Our thoughts and prayers  
are with our troops a half  
a world away.....*

Jeanette Childress, Principal Broker- Born and raised in this area, I watched the Smith Mountain Lake project take shape. As a Lake Native, I am uniquely qualified to share my knowledge and enthusiasm for the lake and its surrounding areas. I've been selling real estate since 1986. I am a member of both the Roanoke and Lynchburg Boards of Realtors.  
Home (540)297-5829 Cell (540)309-6002

Lori Smith, REALTOR- I was born and raised in California and have lived at the lake for the past 14 years. I have 5 years experience assisting customers with all their vacation rental needs. It is my goal to provide outstanding service to vacationers and property owners alike, to ensure that they will return to us year after year.  
Home (540)296-1513 Cell (540)871-0551

Bobby Mays, REALTOR- I am a lake resident and native Virginian. I have 35 years of experience in the Real Estate, Auction, and Building Supply business. I am an active member of Staunton Baptist Church, BPOE Elks in Lynchburg, and London Downs Golf Club. I am also a US Navy veteran. I enjoy golfing, hunting, fishing, and boating in his spare time.  
Home (540)297-9240 Cell (540)815-4524



Diana Salyer, REALTOR- I've lived in the lake area all my life in both Bedford and Franklin counties and now reside in Bedford City- the "World's Best Little Town". I have 6 years experience in real estate sales. The lake is very special to me and I enjoy helping others discover it.  
Home (540)586-5787 Cell (540)761-8667

Lauren Miller, REALTOR- My recent move from Massachusetts gives me a personal perspective to understanding the sometimes overwhelming process of changing homes. As a home improvement contractor I gained valuable experience in the housing field. I chose Lake Retreat because of their reputation as a friendly company dedicated to helping people. I love living here at the lake and look forward to helping you with all your real estate needs.  
Home (540)297-5469 Cell (540)309-4965

Bob Gasparo, REALTOR- I am a native of Brooklyn, NY with a marketing degree from Central Connecticut State College. I have 35 years experience in sales; the last year and a half in real estate. I now reside full-time in Mariner's Landing.  
Home (540)297-4441 Cell (540)353-8612

Ellamae Lertz, REALTOR- I got my first real estate license back in 1968 in New Jersey. We discovered the lake in 1976, and shortly thereafter bought our lot near the dam, moved here in 1990. I love Smith Mountain Lake and have the knowledge and enthusiasm to help you find a place here that you will love also! I specialize in buyer representation.  
Home (540)297-2695 Cell (540)520-5868

Margaret Brush, REALTOR- I recently moved from Colorado Springs, CO bringing with me 8 years experience in real estate sales. I now reside in Mariner's Landing. I specialize in new construction.  
Home (540)297-2895 Cell (540)420-0178

Leslie Becker, AIA, REALTOR - an architect, for over 23 years, I find SML offers spectacular potential for real estate options. With a good eye, I can assist both buyer and seller in assessing real estate from structural, aesthetic to cost estimating, when considering a purchase. I am also an avid runner. I own, with my husband, Fitness Adventures, and I lead kayaking, running and biking camps from Maine to Smith Mountain Lake.